

Hands-on-Training Schedule 2026: Cosmetic Dermatology and Skincare

Education: Cosmetic Dermatology & Skincare

Schedule - Fundamental Skin Treatments

We are pleased to confirm the following dates for the upcoming Ellansé training program, which is exclusively designed for licensed nurses. The program consists of three intensive weekend sessions combining theoretical education, clinical discussions, and practical training to ensure participants develop a strong understanding of treatment principles, patient assessment, and safe clinical practice.

Confirmed training dates:

- **2–4 October 2026 (Friday–Sunday)**
- **6–8 November 2026 (Friday–Sunday)**
- **4–6 December 2026 (Friday–Sunday)**

These educational weekends are designed to provide participants with comprehensive knowledge and hands-on experience within aesthetic medicine, while maintaining the highest standards of patient safety and clinical excellence.

Module 1 – Fundamental Skin Treatments

Focus: Consultation, cleansing, skin analysis, massage, and masks

Day 1:

Consultation, medical questionnaire, and photographic documentation

Review of the study program, treatments, demonstrations, and what is expected of you as a student.

Day 2:

Practical training: Cleansing, skin analysis, massage, exfoliation, and masks.

Day 3:

Medical history taking (anamnesis)

Client day – classic facial treatment

Assist fellow students when not treating your own client.

Module 2 – Resurfacing Treatments and LED

Focus: Chemical peels, LED light therapy, and sales

Day 1 – In collaboration with Ellance

Ellance – Dr. Dennis Gross and Alpha Science

Day 2:

Medical record documentation, the client journey, and rebooking

Full consultation, client day with setup of homecare programs and annual treatment planning.

Assist fellow students when not treating your own client. Create a homecare program tailored to the client's indication, including ingredients and rationale. Introduction to the booking system.

Day 3:

Full consultation, client day with setup of homecare programs and annual treatment planning
Q&A discussion forum when not treating your own client.

Module 3 – Microneedling in Clinical Practice

Focus: Microneedling, mesotherapy, and combination treatments

Day 1 – In collaboration with

Microneedling in practice

Day 2:

Client day – Consultation, information regarding potential downtime, possible complications, aftercare advice, rebooking, homecare programs, and recommendations for additional treatments.

Group assignments and case presentations when not treating your own client.

Day 3:

Client day – Consultation, information regarding potential downtime, possible complications, aftercare advice, rebooking, homecare programs, and recommendations for additional treatments.

Group assignments and case presentations when not treating your own client.

Day 4:

Examination day